



MS AUSTRALIA

## **STATEMENT RE: VITAMIN D AND MS**

25 October 2011

**An article published in the journal *Neurology* today claims there is little difference between high dose and low dose Vitamin D supplementation for people living with multiple sclerosis (MS).**

It has been known for some time that there may be a link between the metabolism of Vitamin D and multiple sclerosis. In particular, researchers claim a lack of Vitamin D is related to the prevalence of the disease and the amount of relapses a person with MS may experience through the course of the illness.

MS Australia supports any research into treatment options for people living with multiple sclerosis.

We are particularly interested in the link between Vitamin D and MS and are excited about future research into this promising field.

We eagerly await the findings of future studies to discover insight into ways of managing this unpredictable disease.

More detailed information about the study can be found from our research arm, MS Research Australia, at [www.msra.org.au](http://www.msra.org.au)

**Ends**

**People with MS with questions are urged to contact their Doctor and MS Australia in their state at [www.msaustralia.org.au](http://www.msaustralia.org.au)**

**Media enquiries should be directed to Prue Guillaume on 0450 659 811**