

Appointment Time		Date	
<b>Symptoms</b>  <b>New</b> Eg. Buzzing in ears Rushing to the bathroom Intimacy issues Increased fatigue  <b>Previous symptoms – worse / returned</b>			
<b>MRI or test results</b>			
<b>Major Life changes</b>			
<b>Medications</b> <b>Questions</b>  <b>Scripts</b>			
<b>Between Appointments</b>  <b>Who can I call?</b>  <b>What will be communicated to my GP?</b>		<b>Name:</b> <b>Phone:</b> <b>Email:</b>	
<b>What else could I be doing to help my MS?</b>  Eg. Physio Nutrition Counselling			
<b>Goal and plan for next 6 months</b>			
<b>Other Questions or Discussion Points</b>			

**PREPARING FOR YOUR MEDICAL APPOINTMENT** | November 2019 | © Multiple Sclerosis Limited 2019  
*This checklist was developed by MS Limited in partnership with MS Advisory Committee – Victoria*

Please contact your state MS organization for more information:

**MS Limited (Vic/NSW/ACT/Tas):**  
**MSWA:**  
**MS SA & NT:**  
**MS Queensland:**

**MS Connect™:** 1800 042 138  
**MSWA Infoline:** 1300 097 989  
**MS Assist:** 1800 812 311  
**NeuroAssist InfoLine:** 1800 177 591

**Web:** [www.ms.org.au](http://www.ms.org.au)  
**Web:** [www.mswa.org.au](http://www.mswa.org.au)  
**Web:** [www.ms.asn.au](http://www.ms.asn.au)  
**Web:** [www.msqld.org.au](http://www.msqld.org.au)